

Sacral Dimple - Normal

Definition

- A dimple is a small pit or depression in the skin
- Location: in the midline (center) of the lowest part of the back. It is near the tip of the tailbone. You can feel the tailbone under it.
- Hidden within the gluteal cleft ("butt crack"). Must separate the buttocks to see it.
- The dimple opening is very small, 5 mm or less across.

Health Information

Cause

- Minor birth defect
- Occurs in 4% of newborns

Birth Defects of the Lower Back that Doctors Do Worry About

- Some skin defects of the lower back may connect to a spinal cord defect. This is rare.
- Examples are a dimple that's higher up, a tuft of hair, a skin tag or any midline mass. A red or other birthmark of the lower back is also of some concern.
- These defects may need an MRI (special films) of the lower spine.
- Your child does not have this type of defect.

Care Advice

1. **Overview:**
 - A sacral dimple in the gluteal cleft is harmless.
 - It has no complications.
2. **No Tests Needed:**
 - No special tests or X-rays are needed.
3. **No Treatment Needed:**
 - No treatment is needed.
 - It does not need any special cleaning.
4. **What to Expect:**
 - It will always be there, but will not cause any future problems.
 - It is not related to ingrown hair infections ("pilonidal cysts") seen in some adults.

Call Your Doctor If

- You think your child needs to be seen
- You have other questions or concerns

Pediatric Care Advice

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